

Looking  
for a  
rewarding  
**CAREER?**

- ✓ Unemployed or under-employed?
- ✓ 28 and under with a barrier to employment?
- ✓ Any age with a self-identified disability?
- ✓ Not currently on EI?
- ✓ Haven't been on EI in the past 5 years?



Eastern Ontario  
Training Board  
Commission de formation  
de l'Est ontarien

**FREE IN-CLASS TRAINING**  
Delivered by St. Lawrence College, Cornwall Campus

**PAID EMPLOYMENT**  
Provided after completion of training

**Professional  
Food & Beverage  
Service**

**8 week course  
in April**  
.....  
**Followed by paid  
EMPLOYMENT**

For more info and to see if you qualify, contact Kimberly Vass-Lihou | 613.932.0210